



# WINCHESTER

## ORAL SURGERY CENTER

**Personalized Care, Surgical Excellence.**

Phone: (540) 504-7300

## Implant Post-Operative

### Day 1 (Day of surgery)

- Use gauze if unpleasant bleeding continues as wounds will ooze today.
- To make sure pain medicine is fully working when numbness wears off, take medicine soon after leaving our office. Get a milkshake or something cold to take medicine with, as taking pain medicine and antibiotics on an empty stomach can cause nausea.
- Then take 600mg of Ibuprofen every 6 hours (even if you think you don't need it) to stay ahead of any pain. If the pain has increased and your doctor has prescribed a narcotic, you may take it with the Ibuprofen.
- Soft diet today (no crunchy, hard or spicy foods) and do not chew on the area of the implant.
- Make sure to relax, no strenuous activity.
- No rinsing, brushing or touching implant area with finger or tongue.
- No smoking today **and for the 7 days after implant is placed.**

### Day 2

- Start brushing teeth GENTLY and avoid surgical site.
- Start rinsing mouth with prescribed mouth wash (Peridex) 3 to 4 times a day. Continue to rinse for 1 week.

### Day 3-6

- Start a normal diet, but still avoid chewing on the implant area.

### After 1 week

- Return for follow up to evaluate how the implant is healing.
- If the suture is still attached, we will remove it the day of your follow-up appointment.

**When to Call our Office:**

- Pain and swelling **increases** after day 3
- Severe nausea or vomiting
- Bad taste or pus in mouth
- Fever or chills
- Rash or adverse side effects from medications

**Contacting our office after 4:30 PM:**

- Do not hesitate to reach out to our doctors after hours by calling 540-536-8000. Have the oral surgeon on call paged and one of our doctors will return your call.

Our website is a good resource for more information about procedures and after care instructions please visit at [www.winchesteroralsurgerycenter.com](http://www.winchesteroralsurgerycenter.com).